



Sick? Injured?

Don't know where to go?

Save time *and* money by receiving care outside of the ER

Many ailments can be treated at a retail clinic (CVS Minute Clinic, Walgreens Take Care Clinic, The Clinic at Walmart, etc.), an urgent care facility or even your physician's office with lower copays and shorter wait times.

	Retail Clinic	Physician's Office	Urgent Care	Emergency Room
Animal bites			✓	<ul style="list-style-type: none"> Sudden or unexplained loss of consciousness Signs of heart attack, such as sudden/severe chest pain or pressure Signs of a stroke, such as numbness of the face, arm or leg on one side of the body; difficulty talking; sudden loss of vision Severe shortness of breath High fever with stiff neck, mental confusion and/or difficulty breathing Coughing up or vomiting blood Cut or wound that won't stop bleeding Possible broken bone Poisoning Stab wounds Sudden, severe abdominal pain Trauma to the head Partial or total amputation of a limb
Stitches			✓	
X-ray			✓	
Back pain		✓	✓	
Mild asthma		✓	✓	
Minor headache		✓	✓	
Sprain, strain		✓	✓	
Nausea, vomiting, diarrhea		✓	✓	
Bumps, cuts, scrapes	✓	✓	✓	
Burning with urination	✓	✓	✓	
Cough, sore throat	✓	✓	✓	
Ear or sinus pain	✓	✓	✓	
Eye swelling, irritation, redness or pain	✓	✓	✓	
Minor allergic reaction	✓	✓	✓	
Minor fever, cold	✓	✓	✓	
Rash, minor bumps	✓	✓	✓	
Vaccination	✓	✓	✓	

Chart courtesy of BCBS

Visit www.provider.bcbs.com or call **888-222-9206** to find a physician or urgent care facility near you

Better safe than sorry: If you have any doubt about the severity of your emergency, head to the ER or call 911.

